



St. Mary's on the Hill November Information



Welcome to this month's information Sway. It is hard to believe that we are already in November. This month traditionally is a time when we remember those who have passed away, whether they are part of our own families or of our St. Mary's on the Hill community. During this month, at our assemblies, we will be praying for all those who have passed away.

This month also sees a very important week, that of anti-bullying week. I will discuss in more detail what this involves, in this issue of sway.

I hope you continue to find this means of communication easier to navigate and more user friendly, particularly if you are viewing it through your phone. If there is anything you would like more information about, which could be included in future Sways, please let me know by contacting the school through email on info@stmarys.newtownabbey.ni.sch.uk

Kind regards

Mr. Matthew O'Brien

Open Day 2022



Learn to Love, Love to Learn

**OPEN
DAY!**
FRIDAY 2ND
DECEMBER



Prospective P1 parents/carers we are delighted to invite you, to our Open Day on Friday 2nd December.

Come and experience, first hand, life in St. Mary's on the Hill Primary School, including our

- *Centre of pastoral excellence*
 - *Child centred learning and provision*
 - *Amazing school choir*
 - *Engaging interactive activities*
 - *Informative and approachable Early Years team*
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Mr Matthew O'Brien (Principal) will host an information session at 9:30am in the school's assembly hall

We look forward to meeting you all

Anti-Bullying Week 2022 - Reach Out



Over the course of the year, in St Mary's on the Hill, we have had a very proactive curriculum which helps us to reduce the number of bullying episodes recorded in the school. Through the pupils' PDMU programme, circle time activities, religion programme and ICT lessons, we limit the amount of relationship issues that can develop into bullying. We also encourage and seek the help of outside agencies such as the NSPCC to deliver assemblies to support the pupils in our school. During Anti-Bullying week, the children will participate in a range of activities on the topic of Anti-Bullying. The week will begin with Odd Socks day on Monday 14th November.

Winter Fair 2022



St. Mary's on the Hill P.S. will be hosting our first Winter fair. There will be a range of stalls and of course the first opportunity to meet Santa. The Fair will take place on Saturday 26th November. For further details or if you wish to have a stall, please contact the St. Mary's on the Hill PTA. Please contact the PTA through email smoth-pta@outlook.com or facebook - www.facebook.com/stmarysonthehillpta

Promoting Healthy Eating



*Here at St. Mary's on the Hill we promote Healthy Eating across the school. We encourage children to choose a healthy snack for their break as well as making healthy choices in what they eat and drink. Our PTA have been able to secure fruit for all children in the school from Tesco Northcott. In the previous Sway, it stated that this would be each Friday, in fact it will happen on the first Friday of each month. **So the fruit from Tesco will come on Friday 10th November this month.** We would like to thank the PTA for their continued support of the school in the promotion of healthy eating.*

St Vincent de Paul 2022



Society of St. Vincent de Paul

This year, instead of hampers we will be supporting the charity by collecting money so that vouchers for Smyths and Tesco's can be purchased for those in need in our community. We will be offering our support through a Christmas Jumper day that will be held on Friday 9th December, all donations will be gratefully accepted.



*The application process for free school meals/uniform has commenced. Parents who are currently eligible to apply for free meals/uniform should now complete their application. **Please note that***

*entitlement to free school meals will attract funding to the school's budget. Whether your child wishes to partake of a meal or not is down to individual choice. We would really encourage parents who fall into this category to **please make an application** as soon as possible for the incoming academic year. Application forms may be obtained via the Education Authority website – www.eani.org.uk or alternatively by contacting Free School Meals Section on 02825661350. Forms are also available from the school. Should you have any further queries regarding this, please contact the school office.*

Road Safety Week 2022

Road Safety Week



*The theme of Road Safety Week 2022 is **SAFE ROADS FOR ALL**, bringing together communities and professionals to shout out for everyone's right to make safe and healthy journeys on safe roads.*

The children from P1-P7 will take part in this year's event making use of valuable resources provided by 'Brake.'

Joshua Harris, director of campaigns for Brake, the road safety charity, states: "Road Safety Week provides a unique opportunity, every year, to focus attention on how the safety of our roads impacts

all our daily lives." Speed plays a part in every crash and just 1mph can mean the difference between life and death on the roads.

Road Safety Week will run from 14th November - 20th November.

Car Parking



CHURCH CAR PARK:** I would like to gently remind everyone of the difficulties and dangers around drop-off and collection of your child/ren. I am asking that all parents exercise extreme caution. To alleviate the difficulty of congestion we are asking all parents to make a **LEFT TURN** when exiting the car park. **Please use the designated parking spaces or drop off zone.

WAITING AT THE GATE: Thank you all for your support and cooperation in the mornings whilst leaving your children to school. **We would ask parents not to wait at the gate once they have left their child to school.** By leaving your child off and moving off-site you are freeing up limited parking spaces. It can be difficult for children to enter through the gate when parents are gathered there.

As the gate is in close proximity to the entrance of the car park we want to make every effort to ensure no accidents occur. We would appreciate your cooperation in this matter as the safety of our children is our primary concern. Please pass this information on to anyone who will be responsible for leaving or collecting your child.

Pupils of the Month October



Congratulations to all our wonderful Pupils of the Month. They have worked so hard and we are very proud of them all.

Class	Name of child	Name of child
P1a	Ben Maxwell	Ellen McKervey
P1b	Aodhan Graham	Emily Mason
P2a	James Brownlie	Logan Kelly
P2b	Salvatore Mancuso	Gabriella McManus
P3a	Rose McLaughlin	Thomas McCoe
P3b	Aoife Captain Kyoko Fitzpatrick	Christian McAtamney
P4a	Holly Rankin	Lennon Ross
P4b	Clara Divine	Jude Mc Glone
P5a	Louisa Smyth	Riona Gallagher
P5b	Molly Neill	Michael Murphy
P6a	Lorcan McGarvey	Sanjana Ranguth
P6b	Chloe Wilkinson	Joseph Feeney
P7a	Erin McGuigan	James Rafferty
P7b	Otylia Tarnowska	Laura Lyttle

Behaviour Targets



*One of the things we are proudest of in St. Mary's on the Hill is the children's behaviour. However, there is always room for improvement. The month of November is a great opportunity to look at how we interact with each other and look out for each other, therefore our target this month is '**Being a Good Friend**'. I will talk to the children at each of our assemblies regarding this and staff will reinforce this message in school. Can we ask you, parents and carers, to do the same at home? Please encourage your child with this target.*

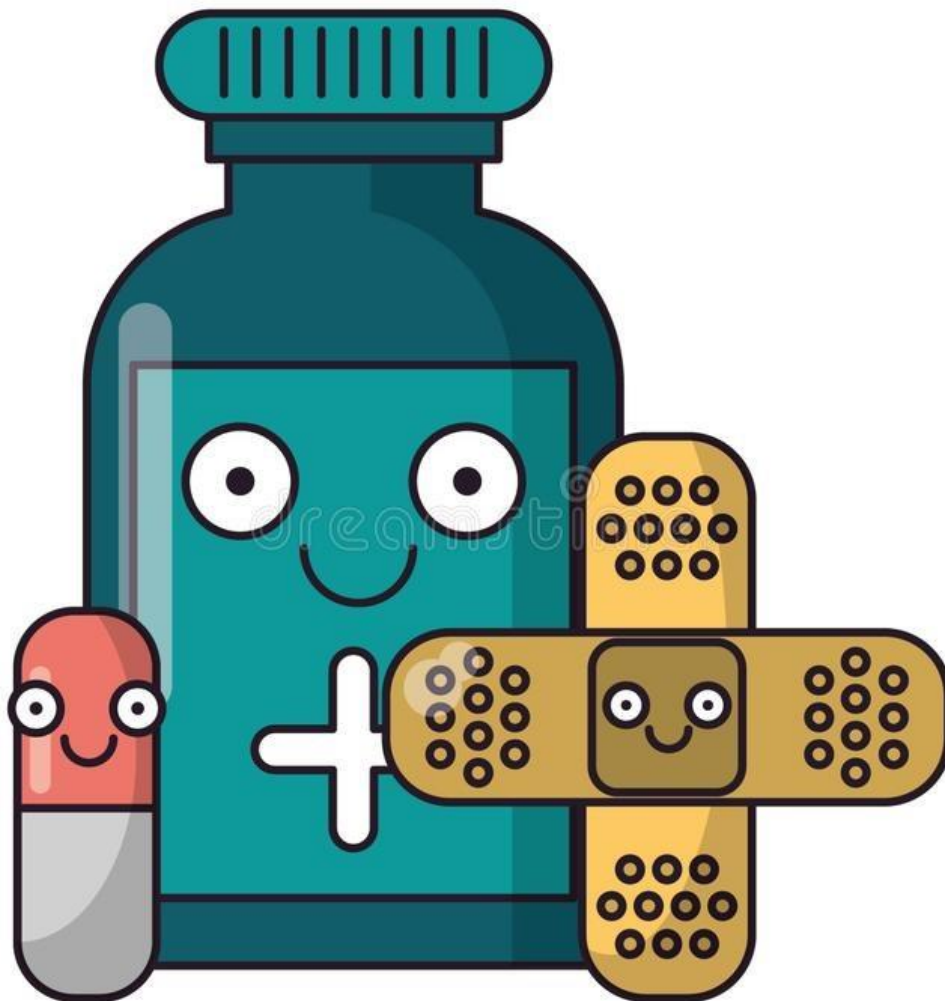


We have a number of children who suffer from allergies, which can result in potentially serious consequences. I would therefore ask that these children are not exposed to danger and that you are mindful of any children in your child's class who may have an allergy. We continue to be a Nut Free School, please do not send in anything which contains nuts.

Parents of children with diagnosed allergies are asked to provide the school with 2 Epipens (with valid dates) and any other necessary medication as soon as possible.

Please continue to support our 'Healthy Eating Policy' and provide your child with a piece of fruit and water or milk for break.

Administration of Medicine



Please visit the school office if your child requires medication to be administered whilst at school. Parents need to sign and complete an 'Administration of Medication' form (available from the school office) before the school will administer the medicine. All medication should have the child's name on it and the dosage clearly labelled. Please do not send in any medication with your child – it must be handed into the school office by an adult. Thank You.

School Dinners



St Mary's on the Hill P 5 - Lunch Menu Single Choice – September 2022						
	Monday	Tuesday	Wednesday	Thursday	Friday	
WEEK 1 20 th Aug 26 th Sept 24 th Oct 28 th Nov 2 nd Dec 30 th Jan 5 th Feb 5 th Mar 9 th Apr 13 th May 17 th June	Spaghetti Bolognese Crusty bread Raspberry Fridge Ice Cream & Watermelon Chunks	Chicken Casseroles Sausages & Red Pepper Homemade Chili Beans Potatoes Frozen Sweetcorn & Fresh Fruit	Roast Loaf of Pork Traditional Stuffing/Gravy Carrot & Parsnip and Broccoli Florets Oven Dry Roast & Mashed Potato Pancake Cookies with Pear Slices & Black Grapes	Bread of Chicken Curry with Boiled Rice & Naan Bread Chocolate & Pear Sponge with Custard	Fish Fingers Baked Beans Chips Fresh Fruit Salad & Yoghurt	<div style="border: 1px solid green; border-radius: 10px; padding: 5px; background-color: #d4edda;">Breads, Milk, Water & a Choice of Fresh Fruit & Yoghurt Available Daily</div> <div style="border: 1px solid yellow; border-radius: 10px; padding: 5px; background-color: #fff3cd; margin-top: 5px;">If you require any additional information on Allergens or Special Diets, please contact the School to complete a Special Diets Application Form</div> <p>Menu choices subject to availability</p>
WEEK 2 1 st Sept 7 th Oct 14 th Nov 21 st Dec 28 th Jan 4 th Feb 11 th Mar 18 th Apr 25 th May 1 st June	Oven Baked Sausages Baked Beans Mashed Potatoes Arctic Roll with Stewed Peaches	Breaded Fish Fillets Sweetcorn & Peas Mashed Potato Frozen Yoghurt with Pineapple Chunks	Roast Breast of Chicken Traditional Stuffing/Gravy Saucy cabbage and Diced Carrots Oven Roast Dry & Mashed Potato Chocolate Brownie with Raspberry Milkshake	Chicken Tikka with Boiled Rice & Naan Bread Apple Sponge & Custard	Steak Burger Tossed Salad/Coleslaw Chips Hakemeal Bread & Fruit Chunks	
WEEK 3 12 th Sept 19 th Oct 26 th Nov 3 rd Dec 10 th Jan 17 th Feb 24 th Mar 3 rd Apr 10 th May 17 th June	Breaded Chicken Goujons with Seth's Dip Sweetcorn, Homemade Chili Beans Potatoes Vanilla Ice Cream, Peas, & Chocolate Sauce	Fish Fingers Baked Beans/Sweetcorn Mashed Potato Beef Roll Stead with Yoghurt and Fruit	Roast Gammon Traditional Stuffing, Gravy Bacon Carrots/Broccoli Oven Dry Roast & Mashed Potatoes Pine Pudding with Melody of Fruit	Bread of Chicken Curry & Rice, Naan Bread Frozen Yoghurt & Fresh Fruit Selection	Steak Burger Tossed Salad/Coleslaw Chips Hakemeal Steaks & Fresh Fruit Chunks	
WEEK 4 14 th Sept 21 st Oct 28 th Nov 5 th Dec 12 th Jan 19 th Feb 26 th Mar 5 th Apr 12 th May 19 th June	Spaghetti Bolognese Crusty Bread Honey Dew Melon Wedges and Ginger Cookies	BUFFET: Selection of Sandwiches, (Chicken/Chicken/Tuna) Fish Balls Pizza Fingers Cocktail Sausages Carrot Sticks Fruit Muffin & Milkshake	Roast Beef Traditional Stuffing/Gravy Cauliflower Cheese Fresh Baked Carrots Oven Dry Roast & Mashed Potato Chocolate Brownie and Biscuits Chunk	Bread of Chicken Curry with Boiled Rice & Naan Bread Fruit Crumble & Custard	Breaded Chicken Bites Baked Beans Chips Jelly, Ice Cream & Fresh Fruit	

Parents can now select and pay for dinners for the first term, up until w/b Monday 19th December 2022, by logging on to School Money using your unique username and password. Your child's dinner

should be ordered before midnight prior to the day it is required. Please contact the school if you have any problems. We require every parent to use this facility. A copy of the menu can be found on our website.

Entrance Assessments



Good luck to our P7 pupils who are sitting entrance exams in November and December, please remember them in your prayers. The dates for assessments are:

PPTC - 12th November

AQE - 19th November, 26th November and 3rd December

Dates for Diary



Anti Bullying Week 2022- 14th November - 18th November

Road Safety Week 2022 - 14th November - 18th November

Mass in the Class/Prayers in the Class - Thursday 10th November @ 2pm - Mass for those who have Died

Thursday 8th December @ 2pm - Advent Mass

Parent Teacher Consultations - Week Beginning 21st November

Contact Details



There are some contacts in school which do not appear to be working, perhaps due to change of number or email address. If your address, telephone number or email address has changed please inform Mrs Mason in the office to ensure we have up to date information should we have a need to contact you.
