



*Learn to Love, Love to Learn*

## St. Mary's on the Hill P.S. November Information 2024



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*Welcome to this month's information Sway. It is hard to believe that we are already in November. This month traditionally is a time when we remember those who have passed away, whether they are part of our own families or of our St. Mary's on the Hill community. During this month, at our assemblies, we will be praying for all those in our families who have died.*

*This month also sees a very important week, that of anti-bullying week. I will discuss in more detail what this involves, in this issue of sway.*

*I hope you continue to find this means of communication easier to navigate and more user friendly, particularly if you are viewing it through your phone. If there is anything you would like more information about, which could be included in future Sways, please let me know by contacting the school through email on [info@stmarys.newtownabbey.ni.sch.uk](mailto:info@stmarys.newtownabbey.ni.sch.uk)*

*Kind regards*

*Mr. Matthew O'Brien*

*Principal*

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## Open Day 2024

We are delighted to invite you and your child to our Open Day on Friday 13th December.

Come and experience, first hand, life in St. Mary's on the Hill, including:

- Centre of pastoral excellence
- Child-centred learning and provision
- Our amazing school choir and orchestra
- Engaging interactive activities
- Enthusiastic and approachable staff

**ST. MARY'S HILL PRIMARY SCHOOL**  
Learn to Love, Love to Learn

**OPEN DAY!**  
FRIDAY 13th  
DECEMBER

Mr Matthew O'Brien (Principal) will host an information session at 9:30am in the school's assembly hall  
**We look forward to meeting you all!**

122 Carrumby Road,  
Carrumby, QLD 4284  
(028) 9083 4284

Find us on

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*Prospective P1 parents/carers we are delighted to invite you, to our Open Day on Friday 13th December.*

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*Come and experience, first hand, life in St. Mary's on the Hill Primary School, including our*

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  - *Child centred learning and provision*
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## Anti-Bullying Week 2024 - Choose Respect



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*Over the course of the year, in St Mary's on the Hill, we have had a very proactive curriculum which helps us to reduce the number of bullying episodes recorded in the school. Through the pupils' PDMU programme, circle time activities, religion programme and ICT lessons, we limit the amount of relationship issues that can develop into bullying. We also encourage and seek the help of outside agencies such as the NSPCC helping to deliver assemblies to support the pupils in our school. During Anti-Bullying week, the children will participate in a range of activities on the topic of Anti-Bullying.*

*More information on Anti-Bullying Week can be found for Parents/Carers in the link below*

<https://anti-bullyingalliance.org.uk/anti-bullying-week-2024-choose-respect/parents-and-carers>

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*St. Mary's on the Hill P.S. will be hosting a Winter Fair again this year. There will be a range of stalls and of course the first opportunity to meet Santa. The Fair will take place on Saturday 14th December. For further details or if you wish to have a stall, please contact the St. Mary's on the Hill PTA. Please contact the PTA through email [smoth-pta@outlook.com](mailto:smoth-pta@outlook.com) or facebook - [www.facebook.com/stmarysonthehillpta](http://www.facebook.com/stmarysonthehillpta)*

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## Promoting Healthy Eating November 2024



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*Here at St. Mary's on the Hill we promote Healthy Eating across the school. We encourage children to make healthy choices in what they eat and drink. During Breaktime we ask the pupils to make a healthy choice in regard to the type of snack they have mid-morning, this might include fruit, vegetables, crackers etc. Your support to help your child make a healthy choice for breaktime snack is much appreciated.*

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## Developing World Group 2024 - Christmas Appeal



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*This year, our charity donation for Christmas will be for the Developing World Group. The aim of the Developing World Group (DWG) is to provide financial support to projects in the poorest regions in the developing world. Projects are based on initiatives, identified and managed by local people to avoid creating a culture of dependency. Their aim is to support primary education, nurture enterprise and develop self-sufficiency. On Wednesday 13th November Mr Michael Walker will give a presentation to the children about the work that the local group does for people around the world.*

*Donations can be made in lieu of gifts for teachers and our Christmas jumper day which will take place on Friday 6th December 2024*

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## Free School Meals



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*The application process for free school meals/uniform has commenced. Parents who are currently eligible to apply for free meals/uniform should now complete their application. **Please note that entitlement to free school meals will attract funding to the school's budget.** Whether your child wishes to partake of a meal or not is down to individual choice. We would really encourage parents who fall into this category to **please make an application** as soon as possible for the incoming*

*academic year. Application forms may be obtained via the Education Authority website – [www.eani.org.uk](http://www.eani.org.uk) or alternatively by contacting Free School Meals Section on 02825661350. Should you have any further queries regarding this, please contact the school office.*

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## Car Parking



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***CHURCH CAR PARK:** I would like to gently remind everyone of the difficulties and dangers around drop-off and collection of your child/ren. I am asking that all parents exercise extreme caution. To alleviate the difficulty of congestion we are asking all parents to make a **LEFT TURN** when exiting the car park. **Please use the designated parking spaces or drop off zone.***

**WAITING AT THE GATE:** Thank you all for your support and cooperation in the mornings whilst leaving your children to school. **We would ask parents not to wait at the gate once they have left their child to school.** By leaving your child off and moving off-site you are freeing up limited parking spaces. It can be difficult for children to enter through the gate when parents are gathered there. As the gate is in close proximity to the entrance of the car park we want to make every effort to ensure no accidents occur. We would appreciate your cooperation in this matter as the safety of our children is our primary concern. Please pass this information on to anyone who will be responsible for leaving or collecting your child.

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## Pupils of the Month October



*Congratulations to all our wonderful Pupils of the Month. They have worked so hard and we are very proud of them all.*

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Class	Name	Name
P1MMC	Amelia Buckley	Ronan McAvinney
P1KR	Molly Howard O'Hagan	Ryan Simpson
P2PM	Darragh Doherty	Aine Smyth
P2SK	Krystal Chhetri	Hollie Caskey
P3MM	Ellen McKerverey	Una Turley
P3SR	Mia Cassidy	Aodhan Graham
P4MMA	Sanjit Sapkota	Chara Murphy
P4RT	Cara McLean	Aodhan Nellis
P5MD	Lily Slezak	Anmol Chhetri
P5WW	Brody McDonald	Sara Andreu Starrs
P6SMCC	Cara Douglas	Leo Mc Donnell
P6GB	Iona McMahon	Conall Roe
P7MOB	Lexi Kemp	Ellis Cheadle
P7JK	Alicja Tarnowska	Dillon Conlan
Provision Classes	Artur Kepa	Thomas Ward



## Behaviour Targets



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*One of the things we are proudest of in St. Mary's on the Hill is the children's behaviour. However, there is always room for improvement. The month of November is a great opportunity to look at how we interact with each other and look out for each other, therefore our target this month is '**Being a Good Friend**'. I will talk to the children at each of our assemblies regarding this and staff will reinforce this message in school. Can we ask you, parents and carers, to do the same at home? Please encourage your child with this target.*

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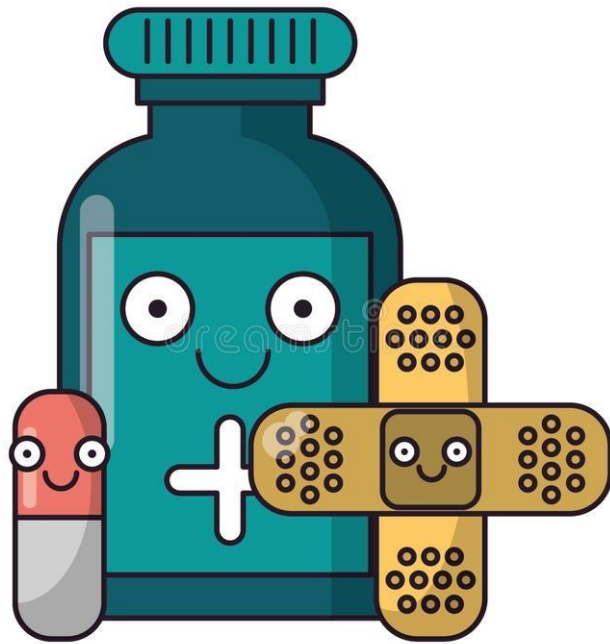
*We have a number of children who suffer from allergies, which can result in potentially serious consequences. I would therefore ask that these children are not exposed to danger and that you are mindful of any children in your child's class who may have an allergy. We continue to be a Nut Free School, please do not send in anything which contains nuts.*

***Parents of children with diagnosed allergies are asked to provide the school with 2 Epipens (with valid dates) and any other necessary medication as soon as possible.***

*Please continue to support our 'Healthy Eating Policy' and provide your child with a piece of fruit and water or milk for break.*

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## Administration of Medicine



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*Please visit the school office if your child requires medication to be administered whilst at school. Parents need to sign and complete an 'Administration of Medication' form (available from the school office) before the school will administer the medicine. All medication should have the child's name on it and the dosage clearly labelled. Please do not send in any medication with your child – it must be handed into the school office by an adult. Thank You.*

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## School Dinners



## School Lunch Menu – November 2024

# EAT SMART WITH THE LUNCH BUNCH



WEEKS SERVED	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 October 4 November 2 December 30 December 27 January	Oven-Baked Fish Fingers  Baked Beans / Marrow/Wat Peas Pasta Spirals / Oven-baked Wedges  Vanilla Ice-Cream, with Peas & Butterscotch Sauce	Homemade BBQ Chicken Pizza  Coleslaw/ Baton Carrots Chipped Potato / Baked Potato  Homemade Banana Cake	"Lunch Bunch" Chicken Curry & Naan Bread  Sweetcorn / Roast Courgette Boiled Rice / Mashed Potato  Chocolate & Raspberry Spongecake with Custard	Roast Pork, Stuffing & Gravy  Fresh Seasonal Vegetables Mashed Potato / Oven Roast Potato  Home-baked Popcorn Cookie & Orange Wedges	Beef Burger & Bap  Mini Corn-on-the-Cob / Garden Peas Chipped Potato / Baked Potato  Frozen Strawberry Mousse
14 October 11 November 9 December 6 January 3 February	Fish Finger "Seadog" served in a finger roll  Marrow/Wat Peas / Baked Beans Chipped Potato / Baby Potato  Apple & Pear Crumble with Custard	Savoury Beef Mince & Crusty Bread  Sweetcorn / Baton Carrots Oven-baked Cubed Potato / Mashed Potato  Arctic Roll & Winter Berry Sauce	Peppered Chicken  Mini Corn-on-the-Cob / Garden Peas Mashed Potato / Boiled Rice  Home-baked Jam & Coconut Sponge & Custard	Roast Gammon, Stuffing & Gravy  Fresh Seasonal Vegetables Mashed Potato / Oven Roast Potato  Chocolate Rice Krispie Square	Crispy Baked Chicken Burger & Bap  Spaghetti Hoops / Asian Slaw Chipped Potato / Baked Potato  Raspberry Jelly & Peach Slices
21 October 18 November 16 December 13 January 10 February	Homemade Ham & Cheese Pizza  Spaghetti Hoops / Mini Corn-on-the-Cob Roast Potato Wedges / Mashed Potatoes  Vanilla Ice-Cream with Pear Slices & Hot Chocolate Sauce	Beef Bolognaise  Cauliflower Cheese / Steamed Broccoli Mashed Potato / Pasta  Apple Sponge with Custard	"Lunch Bunch" Chicken Curry & Naan Bread  Garden Peas / Roast Butternut Squash Chipped Potato / Boiled Rice  Frozen Smoothie	Roast Beef, Yorkshire Pudding & Gravy -Or- Salmon Fish Fingers & Lemon Mayonnaise Fresh Seasonal Vegetables Mashed Potato / Oven Roast Potato  Chocolate Cracknel & Custard	Hotdog & Tomato Ketchup  Coleslaw/ Baked Beans Chipped Potato / Pasta Salad  Homemade Oatmeal Biscuit & Fresh Fruit Pot
28 October 25 November 23 December 20 January	Oven-Baked Fish Goujons  Steamed Garden Peas / Spaghetti Hoops Chipped Potato / Baked Potato  Chocolate & Raspberry Brownie	Cottage Pie  Baton Carrots / Steamed Broccoli Garlic & Herb Potato Wedges / Pasta Spirals  Ice-cream, Jelly & Two Fruit	"Lunch Bunch" Chicken Curry & Naan Bread  Sweetcorn / Roasted Butternut Squash Boiled Rice / Mashed Potato  Chocolate & Pear Sponge with Custard	Turkey & Ham, Stuffing, Gravy  Fresh Seasonal Vegetables Mashed Potato / Oven Roast Potato  Homemade Flapjack & Orange Wedges	Oven-Baked Chicken Nuggets  Baked Beans / Garden Peas Chipped Potato / Baked Potato  Choice of Fruit Yoghurt Pot

MILK, WATER, BREAD &  
FRESH FRUIT AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS, OR HAVE SPECIAL  
DIETARY REQUIREMENTS, PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO  
PRODUCT AVAILABILITY

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*Parents can now select and pay for dinners for the first term, up until w/b Monday 16th December 2024, by logging on to School Money using your unique username and password. Your child's dinner should be ordered before midnight prior to the day it is required. Please contact the school if you have any problems. We require every parent to use this facility. A copy of the menu can be found on our website.*

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## Entrance Assessments



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*Good luck to our P7 pupils who are sitting entrance exams in November, please remember them in your prayers. The dates for assessments are:*

*SEAG 1 - Saturday 16th November*

## Dates for Diary



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*Anti Bullying Week 2022- 11th November - 15th November*

*Mass in the Class /Prayers in the Class - Thursday 14th November @ 2pm - Mass for those who have Died*

*Thursday 12th December @ 2pm - Advent Mass*

*Parent Teacher Consultations - Week Beginning 25th November*

*Parent Teacher Consultations - Friday 29th November- **Children are not in school***

*Open Day - Friday 13th December*

*Winter Fair - Saturday 14th December*

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## Contact Details



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*There are some contacts in school which do not appear to be working, perhaps due to change of number or email address. If your address, telephone number or email address has changed please inform Mrs Mason in the office to ensure we have up to date information should we have a need to contact you.*

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